

Fraser Lake Age-Friendly Action Plan



The Village of Fraser Lake has received provincial funding to help make our community more age-friendly. An age-friendly community is one where older adults can “age actively” – that is, to live in security, enjoy good health and continue to participate fully in society.

And the good news is that becoming age-friendly not only improves quality of life for seniors, it also creates a more inclusive, safe and accessible community for everyone.

We Want To Hear From You

We want to hear from a diversity of residents as we develop the age-friendly plan. This includes seniors, but also senior service providers, caregivers, the ‘next generation of seniors’ (people in their 30s, 40s, and 50s) and residents of all ages.

There are two ways to tell us how age-friendly Fraser Lake is today and to share your ideas for becoming more age-friendly in the future:

1. Complete the survey by April 5th

Complete the survey by Friday April 5th for a chance to win **\$75 Chamber Gift Certificate**.

- **Online** – <http://bit.ly/fraserlake-age-friendly>
- **On paper**
Pick up a copy of the survey from any of these locations: Village of Fraser Lake Municipal Office, Autumn Services, Royal Canadian Legion Branch 274 and the Fraser Lake Public Library.

2. Attend the community event on April 16th

Mark your calendar and then drop-in anytime for refreshments and to learn more about the project, see the preliminary survey results and provide input. Stay for 5 minutes or 50 – whatever your schedule will allow.

Tuesday, April 16th
3:30 pm – 6:00 pm

Adult Learning Centre
298 McMillian Avenue

More about the project

Our age-friendly assessment and planning process will occur from February to June 2019 and will cover these World Health Organization age-friendly themes, which are used extensively by other communities and cities within and beyond Canada:

1. Respect and social inclusion
2. Community support and health services
3. Housing
4. Transportation
5. Outdoor spaces and buildings
6. Social participation in arts/culture, recreation, leisure, learning, etc.
7. Communication and information
8. Civic participation and employment

Contacts and Stay Connected

Stay connected to the project through these channels: our Village newsletter and Facebook page.

If you have any questions about the project, you may connect directly with:

Dave Christie, Economic Development
dchristie@fraserlake.ca
Office: (250) 699-6257

LeEtta LaFontaine, Recreation Director
vflrec@fraserlake.ca
Office: (250) 699-6257

Shannon Gordon
Whistler Centre for Sustainability
sgordon@whistlercentre.ca